



FOUNDATION STAFF: Brent Young, Amanda Scott, John Bell, Sarah Birdwell, Ben Danner



# Cookeville Regional CHARITABLE FOUNDATION

This year marks the 20th anniversary of Cookeville Regional Charitable Foundation. In that time, the Foundation has grown to better meet health needs across our region by expanding programs, growing assistance funds, and collaborating with dozens of additional non-profit and governmental agencies in all 14 counties of the Upper Cumberland.

Thanks to caring donors, this past year we were able to help 2,530 local residents struggling with disease, sickness or injury. That is a record number of neighbors helped and we are so grateful to our many supporters and partners for making that possible.

Here are a few highlights:

- Stacey, single mother of young daughter with seizures given home therapy equipment
- Brandon, rural resident received transportation back and forth to ongoing chemotherapy
- Paul, limited income senior in hospice, given help with utilities and rent
- Macy, young worker with no dental insurance, received help with tooth extraction
- Jo, pediatric patient given new shoes and groceries for family
- Steven, past smoker (clean 20 years) received help for lung cancer screening
- Doug, paralyzed in accident, given wheelchair, home-hospital bed and home supplies

There are thousands of stories like those above. Lives altered through generosity shown by our supporters. From medical services to home needs, the Foundation is able to compassionately respond to health emergencies thanks to caring donors, volunteers and community partners.

Together; we are providing hope and healing to hundreds of local families every month. Thank you for working with us. Our Foundation is compassionate care.

*Your gifts help us heal.*

Gratefully,

John Bell  
Foundation Director



**Online Gifts may be made at:**  
[www.CookevilleRegionalCharity.org](http://www.CookevilleRegionalCharity.org)



**Mail checks to:**  
CRMC Foundation  
1 Medical Center Boulevard  
Cookeville TN 38501

**FOUNDATION BOARD:**

Tyler Atkinson • Diana Baranowski • Dr. Mariano Battaglia • Dr. Matt Bolton • Alejandra Cisneros-Conohan  
Cigi England • Amber Flynn-Jared • Dr. Barbara Jared • Dee Prince • Laura Wolf • Nicole Ziegler

# Building Healthier Communities



## Compassionate Care For The Upper Cumberland

The CRMC Foundation is a non-profit organization responding to growing health disparities in our community. We collect donations and use them to help local residents of the Upper Cumberland through a wide range of charitable programs and assistance funds established by our supporters.

**Assistance Funds:** Working with providers in 14 counties to compassionately care for Upper Cumberland residents with charitable healthcare needs. Our focus is to provide services for struggling local residents and their families, focusing on working-poor and at-risk demographics.

**Programs:** Engaging with regional, collaborative initiatives addressing health and wellness needs in our community. Some programs focus on services within the hospital setting, while others address broader community activities.

Operating and staff expenses at the Foundation are covered through sponsorship from Cookeville Regional Medical Center. This allows 100% of gifts to go toward programs and direct support.

Together, with donors and partners, we are building a healthier and more compassionate Upper Cumberland community.

## Assistance Funds:

**Unrestricted:** Used where need is greatest

**Caring Hands:** General Fund to help any patients at CRMC

**Community Health:** May help any Upper Cumberland resident

**Empower UC:** Helping Empower Upper Cumberland clients

**Patient Group Funds:** Cancer, Diabetes, Heart, Hospice, Mental Health and Pediatric assistance funds

## Programs:

**Angel Garden:** A place to honor, bury, and grieve lost infants

**Art for Healing:** Artwork and music within CRMC

**Carmen's Fund:** Free CPR education for teachers and non-profits

**Dailey & Vincent:** Helping DeKalb and Jackson County children

**Donated Equipment:** Free used medical equipment closet

**Giving Big:** Support for Upper Cumberland non-profit orgs

**Healing Gardens:** Beautifying the CRMC campus

**Healthcare Hero:** Support for emergency responders

**Pink Ribbon:** Free screenings for breast and other cancer types

**Putnam County Imagination Library:** Family reading

**Upper Cumberland Community Host Group:** Support for local Remote Area Medical events

**Upper Cumberland Healthcare Preparedness Coalition:** Regional preparation for, and response to disaster events.

**129**

**HEART PATIENTS**



**74**

**PEDIATRIC PATIENTS**



**528**

**CANCER PATIENTS**



**752**

**PREVENTION SCREENINGS**



**310**

**MEDICAL EQUIPMENT**



**38**

**HOSPICE PATIENTS**



**497**

**OTHER HOSPITAL PATIENTS**



**151**

**COMMUNITY HEALTH PATIENTS**



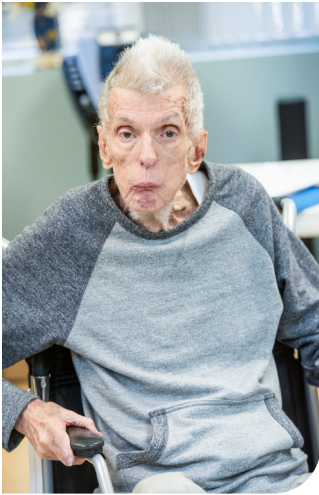
**2,530**

**TOTAL PATIENTS HELPED**

**CARMEN'S FUND CPR**



**624**



**Tom**  
*hospice patient*

I don't have any income really, just social security. The Foundation has been such a help for utilities and rent.

Thank you for helping me stay at home. Its where I want to be.



**Jessica**  
*daughter of cancer patient*

Moms cancer has been tough to fight. I'm working and trying to help her. She has been too sick to do a lot.

The help with transportation has been great. That way I don't have to take off work to bring her to treatment.

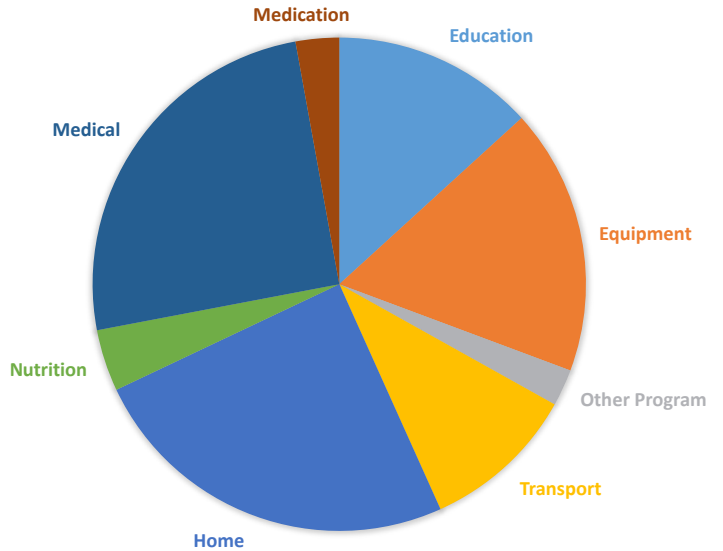


**Stephanie**  
*mom of pediatric therapy patient*

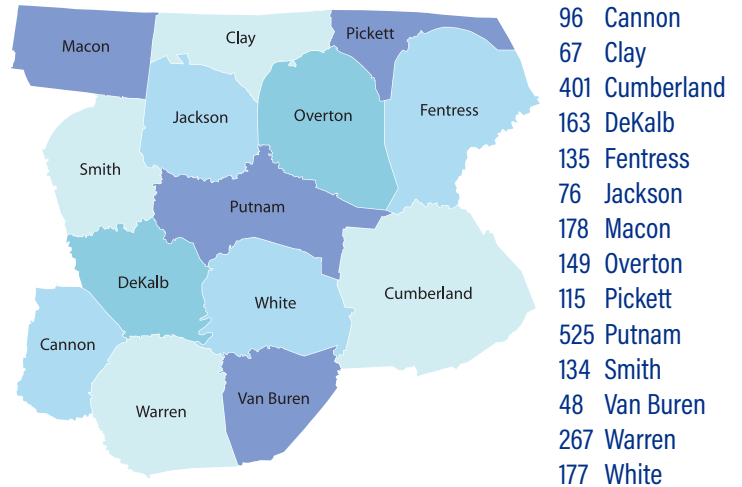
The equipment was so expensive. Thank you to the Foundation for helping with that and the rides to all the doctor appointments.

We could not have done this without you.

## ASSISTANCE BREAKDOWN



## SERVING



## CALENDAR YEAR 2023

**Gifts & Support:**  
\$1,440,129

100% of Foundation administrative and staff expenses are covered through sponsorship from Cookeville Regional Medical Center. This allows 100% of gifts to our Funds or Programs to remain restricted for charitable services.

**Total Expense:**  
\$1,294,996

**100%** No portion of gifts are used for overhead or staff expenses.   
 Gifts are restricted for programs and services.

## INVESTMENT ACCOUNTS

- Auxiliary
- General
- Heart (in honor of Dr. Ollie Smithwick)
- Ethics (in honor of Monika Bowman)
- 2023 Gain on Investments: \$346,235

# Events Spotlight

# 2024



**Thursday, Feb. 8**

## ***A Woman's Heart***

An evening of fun and education including dining, silent auction, and presentation by Tennessee Heart.



**Saturday, April 6**

## ***Pink Gala***

An elegant night of fine dining and dancing to benefit the Pink Ribbon Free Mammogram Program.



**Saturday, June 15**

## ***Anne Cameron Golf***

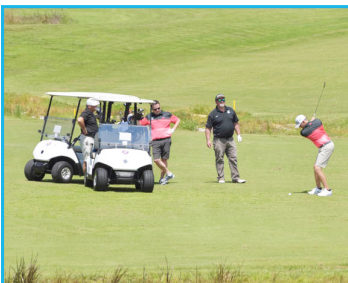
Cookeville's oldest charity memorial Golf tournament. Morning flight, the Saturday before Father's day.



**Saturday, June 22**

## ***Summer Splash 5K***

A family friendly timed 5K is held in memory of Sarah Alice Bagci supporting cancer patients.



**Aug. 15 & Aug. 16**

## ***CRMC Golf Classic***

Enjoy a morning or afternoon flight on Thursday and Friday. Lunch, polo shirt, and course games included.



**Saturday, Sept. 21**

## ***Community Kids Bike Ride***

Cycling event including 1 mile ride option for kids, and 10 mile ride option from Algood to CRMC and back.



**Tuesday, Nov. 12**

## ***Double Donation Day***

Any gift made to a Foundation program or fund will be matched dollar-for-dollar up to a total of \$30,000!



**Friday, Dec. 6**

## ***Sip, Taste, Mingle***

High end food and drink tasting event featuring samples of regional, national and international wine, whiskey, bourbon and scotch.

**Run the Cumberland Race Series: [www.RunTheCumberlands.org](http://www.RunTheCumberlands.org)**

Run the Cumberlands is a partnership among established charity races held in the Upper Cumberland region.

For event details visit [www.CookevilleRegionalCharity.org](http://www.CookevilleRegionalCharity.org)

**CONTACT: Amanda Scott, Events Coordinator**  
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