

Helping the Upper Cumberland



This year has been challenging and humbling in many ways. As I reflect on 2020, I am grateful to live and work in such a caring and giving community. Every year, the Foundation interacts with hundreds of Upper Cumberland residents facing difficult and life-changing health-events. This year, perhaps more than any other in recent memory, requests for help have seemed more dire and critical than ever before. I am so proud of the continued collaboration with Upper Cumberland health care workers who refer patients to the Foundation, and for you, our supporters, whose gifts allow us to address the immediate, critical needs of local residents struggling with disease, sickness or injury.

In the spring of 2020, the Foundation mobilized to assist families affected by the March 3 Tornado through direct aid in the weeks after the storm. Help was made possible through restricted gifts secured for tornado relief. The Foundation was able to help 292 families affected by the Tornado.

During 2020, the Foundation also secured restricted grants to help 230 Upper Cumberland residents negatively affected by COVID 19, and additional funds to provide Personal Protective Equipment for health professionals and first responders in the Upper Cumberland.



I am so grateful to our donors, volunteers and partners for allowing us to continue to meet the needs of struggling patients, while growing to help address the additional challenges faced in 2020.

Gratefully,

John Bell
Foundation Director



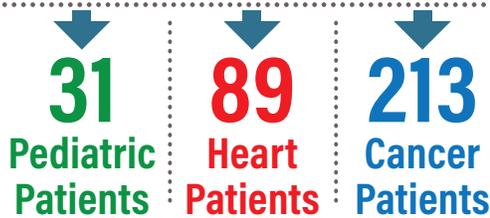
Fiscal Year 2020

Gross Income:

\$1,272,725

Total Expense:

\$1,249,218



100% of Foundation administrative and staff expenses are covered through sponsorship from Cookeville Regional Medical Center. This allows 100% of gifts to our Funds or Programs to remain restricted for charitable services.

**The Foundation secured an additional 272,957 from the Department of Health for regional COVID-19 response.*

Changing Lives With Your Gift

Your Gifts In Action

- \$50** =  **YOUR GIFT OF \$50 GAVE HEALING**
Someone's son was diagnosed with diabetes. Your dollars provided about a week's worth of life-saving medication.
- \$75** =  **YOUR GIFT OF \$75 GAVE ACCESS**
Someone's mom needed to go to cancer treatments several times a week. Your dollars provided enough gas for her to go back and forth to treatment.
- \$150** =  **YOUR GIFT OF \$150 GAVE STABILITY**
Someone's dad had a stroke and could not go back to work. Your dollars provided food, electricity, or help with home needs for his family.
- \$250** =  **YOUR GIFT OF \$250 GAVE COMFORT**
Someone's grandma could not walk on her own, and while living on a fixed income, she could not afford a wheelchair. Your dollars provided one for her.

Foundation Board

Jay Albrecht, Nichole Ziegler, Andrea Burckhard, Paul Swallows, Dr. Brian Dockery, John Beal, Allison Boshears, Amber Flynn-Jared, Dee Prince, Barbara Jared, Alejandra Cisneros-Conohan.

2021 FUNDRAISING ACTIVITIES

In order to fund programs and services, the Foundation operates a number of Fundraising events. The schedule, details and tickets for events may be found at www.CookevilleRegionalCharity.org.

Anne Cameron Golf Tournament: Memorial golf tournament with morning flight on Saturday before Father's Day. *Benefiting Cancer Fund*
June 19, 2021 - Golden Eagle Golf Club

Summer Splash 5K: 5k run/walk in memory of Sarah Alice Bagci. Runners will get wet along this family-friendly course at drench and misting stations. *Benefiting Cancer Fund*
June 26, 2021 - Dogwood Park

Pink Gala: An elegant evening of fine dining and dancing. Includes a live auction and entertainment by 8-South Band. *Benefiting the Pink Ribbon Free Mammogram Program*
July 24, 2021 - Leslie Town Centre

CRMC Golf Classic: Premiere golf tournament with morning and afternoon flights on Friday and additional morning flight on Saturday. *Benefiting Patient Assistance Funds*
August 20 & 21, 2021 - Golden Eagle Golf Club

Ride to the Sky: Bicycle ride with routes for different skills levels. 10, 36, 62, 100 mile options along the "Crazy George" route. *Benefiting Carmen's Fund* [Learn more: www.RideToTheSky.org](http://www.RideToTheSky.org)
September 11, 2021

A Woman's Heart: An evening of food, fashion and fun. *Benefiting the Heart Fund*
October 21, 2021 - Leslie Town Centre

Double Your Donation Day: Donations made on this day, to any Foundation program or fund are matched dollar-for-dollar.
November 9, 2021

Run the Cumberland's Race Series: Includes over a dozen races throughout the Upper Cumberland. Participate at least four races to qualify for the Run the Cumberland's Medal. Several races will be a remote-format [Learn more: www.RunTheCumberlands.org](http://www.RunTheCumberlands.org)