

# Helping the Upper Cumberland

I am so grateful for the support the Foundation received this year from caring donors and volunteers. Together, we were able to respond with compassion to requests for help from 1,804 patients living in all corners of the Upper Cumberland. Patients were referred by case managers and social workers at CRMC, physician offices, hospice providers, health departments and non-profit organizations. It is refreshing to see so many organizations working together for the benefit of residents struggling with disease, sickness or injury.



Many families rely on the Foundation during the days and weeks after a medical emergency. Often during an emergency, patients are unable to work for some time and families struggle to pay for home needs like utilities and groceries. Donors to the Foundation help keep food on the table and lights on for hundreds of families who already have a heavy burden dealing with a health emergency.

Other patients find themselves unable to afford needed medication or medical equipment. Often, these are critical to recovery and maintaining good health but may not be covered by insurance. Even seemingly inexpensive medications that cost under \$25/month are problematic for many patients. These situations are especially common for patients on a fixed income.

Please take a moment to read the information within this report and learn more about how Foundation patient assistance Funds and Charitable Programs are helping struggling patients and improving the health of our Upper Cumberland community. On behalf of the Foundation Board, referring providers and partners, and the thousands of patients we help; thank you for being a committed and compassionate supporter.

*Our Foundation is compassionate care.  
Your gift helps us heal.*

Gratefully,

John Bell

**Mission: To offer charitable services to patients, free healthcare services to our community; and enhance the quality and availability of healthcare throughout the Upper Cumberland through investments in Cookeville Regional Medical Center.**

## PATIENTS

- 1,804 patients received support in 2019.
- 23% of aid recipients are Cancer patients.
- 11% of aid recipients are Heart patients.
- Preventative services 26%
- Pediatric 5%
- All other patient groups 35%

## ENDOWMENTS

- Auxiliary, General, Heart, in honor of Dr. Ollie Smithwick

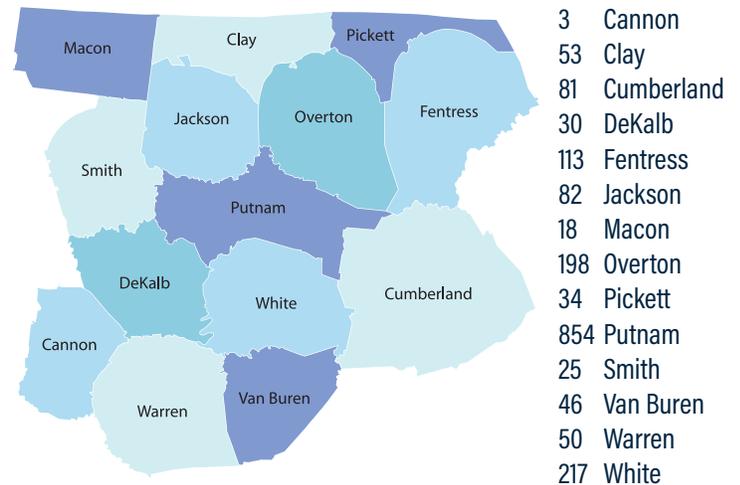
### Patient Assistance Funds:

Cancer • Heart • Hospice • Diabetes

### Programs & Services:

Angel Garden • Art for Healing • Carmen's Fund  
Community Health • Dailey & Vincent • Epipen Program  
Pink Ribbon of Hope • Healing Gardens • Pet Therapy  
Used Medical Equipment • Lung Screening Program

## SERVING



## Fiscal Year 2019

### Gross Income:

\$1,229,262

### Total Expense:

\$1,064,197

100% of Foundation administrative and staff expenses are covered through sponsorship from Cookeville Regional Medical Center. This allows 100% of gifts to our Funds or Programs to remain restricted for charitable services.

# 100%



No portion of gifts are used for overhead or staff expenses.

Gifts are restricted for programs and services.

# Changing Lives With Your Gift

## Your Gifts In Action

- \$50** =  **YOUR GIFT OF \$50 GAVE HEALING**  
Someone's son was diagnosed with diabetes. Your dollars provided about a week's worth of life-saving medication.
- \$75** =  **YOUR GIFT OF \$75 GAVE ACCESS**  
Someone's mom needed to go to cancer treatments several times a week. Your dollars provided enough gas for her to go back and forth to treatment.
- \$150** =  **YOUR GIFT OF \$150 GAVE STABILITY**  
Someone's dad had a stroke and could not go back to work. Your dollars provided food, electricity, or help with home needs for his family.
- \$250** =  **YOUR GIFT OF \$250 GAVE COMFORT**  
Someone's grandma could not walk on her own, and while living on a fixed income, she could not afford a wheelchair. Your dollars provided one for her.

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### Foundation Board

Andrea Burckhard, Jay Albrecht, John Beal, Dr. Bedelia Russell, Mike O'Mara, Chuck Sparks  
Dr. Jason Nolan, Rachael Sutton, Julie Yother, Dr. Brian Dockery, Paul Swallows

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## 2020 FUNDRAISING ACTIVITIES

In order to fund programs and services, the Foundation operates a number of Fundraising events. The schedule, details and tickets for events may be found at [www.CookevilleRegionalCharity.org](http://www.CookevilleRegionalCharity.org).

### **January 30, 2020 - A Woman's Heart**

An evening of food, fashion and fun. Benefiting the Heart Patient Assistance Fund. Health at the Leslie Town Centre.

### **April 18, 2020 - Pink Gala**

An elegant evening of fine dining and dancing. Includes a live auction of unique items & experiences. Benefiting the Pink Ribbon free mammogram program.

### **June 20, 2020 - Anne Cameron Golf Tournament**

Memorial golf tournament with morning flights benefiting Cancer Patient Assistance Programs.

### **June 27, 2020 - Summer Splash 5K**

5k run/walk in memory of Sarah Alice Bagci. Runners will get wet along this family-friendly course at drench and misting stations. Benefiting Cancer Patient Assistance Programs.

### **August 20,21 - CRMC Golf Classic**

Premiere golf tournament with morning and afternoon flights on separate days, with a special celebrity guest at dinner on Thursday evening.

### **September 12, 2020 - Ride to the Sky**

Bicycle ride with routes for different skills level challenges. Benefits Carmen's Fund CPR education program.

### **October 23, 2020 - Upper Cumberland Whiskey Festival**

High-end bourbon, scotch and whiskey tasting. Benefiting the Pediatric Patient Assistance Fund.

### **November 10, 2020 - Double Your Donation Day**

A one-day opportunity when donations made to any Foundation program or fund are matched dollar-for-dollar. Pledges for matching givers will be taken until Nov 1.